

For early man, standing up and being seen was a life or death proposition: You could be eaten! This fear lives on in each of us today as performance anxiety.

STOP PERFORMANCE ANXIETY!

Don't let fear block your success— learn how to harness the energy behind your nerves and deliver powerful presentations.

Would you like to free up your mind and body so that you can present your message with eloquence and impact, build rapport with audiences of any size, and revel in the sheer freedom of being your authentic self? Laurie's gentle yet ferocious approach earns trust and gets results.

STORY IDEAS

- Take Center Stage with confidence
- How fear of public speaking keeps you stuck in your career
- Does your body have a mind of its own when you speak?
- Speak, present and communicate without fear
- 10 tips to take control of performance anxiety—anytime, anywhere
- Physically outrageous exercises to release the tension

WHO SHOULD HEAR LAURIE SPEAK?

- Anyone who is nervous or afraid of speaking in a group
- Shy, socially awkward or introverted people who want to conquer their anxiety and experience life more fully

Laurie has been interviewed on:

The Michael Dresser Show on Blog Talk Radio • Stuart Vener Tells It Like It Is on iHeart Radio
Patricia Raskin's Positive Living on Voice America • Selling In A Skirt—Judy Hoberman on Tough Talk Radio • Right Now Radio • Viki Winterton on Blog Talk Radio • Life's About Choices with Nancy Mueller • Sam in the Morning—Sam Hasson on LA Talk Radio • Jiggy Jaguar Radio Show on KJAG • Terri Levine Show on iHeart Radio • The Hollis Chapman Podcast • The Bill Hammond Show on KCMO Talk Radio. Additional articles, references and testimonials available by request.

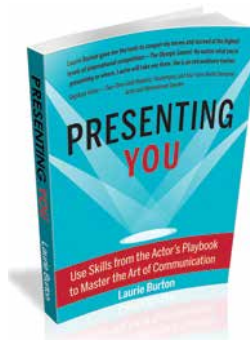


LAURIE BURTON

is a communications expert and actor who has helped thousands of people improve their ability to communicate more deeply and experience more success in both business and life.

A 30-year veteran performer of film, television and theater, Laurie has conducted hundreds of workshops in the corporate world, teaching teams at all levels to connect more effectively using skills from the actor's playbook. From 1985-2008, Laurie also taught acting and directing for film as a senior lecturer at the School of Cinematic Arts at USC.

Laurie Burton Training clients include Fortune 500 companies such as IBM, Mattel Toys, Twentieth Century Fox, Merrill Lynch, Digital Equipment and Medtronic Minimed. Laurie is the author of "Presenting You."



Available at Amazon and laurieburtontraining.com

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Laurie is based in Los Angeles and available for nationwide appearances by arrangement.